DURHAM CITY
ALLCOMERS REGATTA
SUNDAY 14TH JULY 2019

SPONSORED BY

FOR THOSE WHO HAVE NEVER ROWED BEFORE!

- Crews consist of four rowers & a cox (cox & coach provided by the club)
- Race over a 200 meter course
- Male, female and mixed crews
- Four practice sessions in advance of the day
- Each crew guaranteed at least 2 races
- Crews can include one previous Allcomers winner
- Unsuccessful competitors can re-enter

Entries Close Monday 1st July

For more information contact:
Durham Amateur Rowing Club
0191 3866431
www.durham-arc.org.uk
allcomers@durham-arc.org.uk

Teams of four workmates or friends

Why not do it in fancy dress?

Family fun day activities!

Bar and BBQ

£100 Entrance Fee per Boat