

DURHAM CITY ALLCOMERS REGATTA

SUNDAY 14TH JULY 2019

SPONSORED BY



FOR THOSE WHO HAVE NEVER ROWED BEFORE!

- Crews consist of four rowers & a cox
(cox & coach provided by the club)
- Race over a 200 meter course
- Male, female and mixed crews
- Four practice sessions in advance of the day
- Each crew guaranteed at least 2 races
- Crews can include **one** previous Allcomers winner
- Unsuccessful competitors can re-enter

Entries Close Monday 1st July



**Teams of four
workmates or
friends**

**Why not do it in
fancy dress?**

**Family fun day
activities!**

Bar and BBQ

**£100 Entrance Fee
per Boat**

For more information
contact:

Durham Amateur
Rowing Club

0191 3866431

www.durham-arc.org.uk

allcomers@durham-arc.org.uk