

Timetable for use of Gym/Hall
Spring 2021

Time/ Room	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning sessions							
Hall- 6 ergos 7am-9am	Everyone	Everyone	Everyone	Everyone	Everyone	7.30am-9.30a m Everyone	7.30am-9.30am Everyone
Gym- 6 stations 7am-9am	Everyone	Everyone	Everyone	Everyone	Everyone	7.30am-9.30a m Everyone	7.30am-9.30am Everyone
Hall- 6 ergos 9.15am- 11am	Everyone	Everyone	Everyone	Everyone	Everyone	10am-12pm Everyone	10am-12pm Everyone
Gym- 6 stations 9.15am- 11.15am	Everyone	Everyone	Everyone	Everyone	Everyone	10am-12pm Everyone	10am-12pm Everyone
Afternoon sessions							

Hall- 6 ergos- 4-6pm	Juniors	Juniors	Juniors	Juniors	Juniors	N/A	N/A
Gym- Weights, 6 stations 4-6pm	Juniors	Juniors	Juniors	Juniors	Juniors	N/A	N/A
Evening sessions							
Hall- 6 ergos 6.15-7.15 pm	Everyone	Everyone	Everyone	Everyone	Everyone	N/A	N/A
Hall- 6 ergos 7.15-8.15 pm	Everyone	Everyone	Everyone	Everyone	Everyone	N/A	N/A
Gym- Weights, 6 stations 6.15-7.15 pm	Everyone	Everyone	Everyone	Everyone	Everyone	N/A	N/A

Gym-Weights, 6 stations 7.15-8.15 pm	Everyone	Everyone	Everyone	Everyone	Everyone	N/A	N/A
---	----------	----------	----------	----------	----------	------------	------------