

SCOTTISH ROWING
INDOOR CHAMPIONSHIPS
 INCORPORATING THE WELSH ROWING VIRTUAL CHAMPIONSHIPS
 AND THE SCOTTISH STUDENT SPORT INDOOR ROWING CHAMPIONSHIPS

Event Winners

Event Name	GOLD	Club	Winning Time	SILVER	Club	2nd Time	BRONZE	Club	3rd Time
Junior JM12 2min	Cameron C.	East Craigs	333m						
Junior JM13 3min	Tom M.	Clydesdale ARC	723m						
Junior JM14 4min	Lorcan A.	George Watson's College RC	1057m						
Junior JM15 5min	Ledain D.	Mundener Ruderverein	1489m						
Junior JM16 2km	Murray O.	Other	06:35.9	Oliver P.	Stirling Rowing Club	977m	Jack W.	Aberdeen Schools Rowing Association	963m
Junior JM18 2km	Joshie M.	Stirling Rowing Club	06:24.9	Ewan R.	George Watson's College RC	1456m	Magnus H.	Aberdeen Schools Rowing Association	1431m
Junior JM12 2min	Aisla K.	Nottingham High School	496m	Yannik S.	Mundener Ruderverein	06:38.5	Scott B.	Maldstone Invicta Rowing Club	06:42.5
Junior JM13 3min	Beth T.	CRW Ceredigion	794m	Gregor C.	Aberdeen Schools Rowing Association	06:28.9	Lirion D.	Mundener Ruderverein	06:30.5
Junior JM14 4min	Orla M.	George Watson's College RC	1038m						
Junior JM15 5min	Sophie S.	Aberdeen Schools Rowing Association	1297m	Gabrielle T.	Aberdeen Schools Rowing Association	774m	Ailsa W.	Habs' Monmouth School for Girls	744m
Junior JM16 2km	Isia W.	George Watson's College RC	07:22.6	Grace W.	George Watson's College RC	1013m	Clara R.	Mundener Ruderverein	995m
Junior JM18 2km	Maisie A.	Aberdeen Schools Rowing Association	07:24.6	Rowan M.	George Watson's College RC	1281m	Eleanor E.	Habs' Monmouth School for Girls	1263m
				Zoe B.	Aberdeen Schools Rowing Association	07:29.6	Beth L.	Clydesdale ARC	07:45.8
				Poppy J.	Gym Moatyn	07:26.5	Izzy C.	George Watson's College RC	07:29.1
2km M 2km	Miles Beeson	Molesley BC	06:03.1	Flynn Johnstone-Hey	Strathclyde University Boat Club	06:03.1	Neil Flockhart	ISA	06:05.8
2km LM 2km	Ben Parsonage	Strathclyde University Boat Club	06:27.9	Craig Mumby	Army/Team Oarsome	06:34.3	Paul Clarke	Aero Lyf	06:35.4
2km M Student 2km	Flynn Johnstone-Hey	Strathclyde University Boat Club	06:03.1	Alexander Beeson	Strathclyde University	06:20.3	Chris Bardas	Robert Gordon University Boat Club	06:24.9
2km LM Student 2000m	Ben Parsonage	Strathclyde University Boat Club	06:27.9	Andrew Laird	Strathclyde University Boat Club	06:37.2	Michael Troy	Robert Gordon University BC	06:40.1
2km M30 2km	Romain Delachaux	Société de l'encouragement des sports	06:02.3	Ade Long	Royal Navy	06:06.1	Stuart Elvin	Army RC	06:11.1
2km LM30 2km	Craig Mumby	Army/Team Oarsome	06:34.3	Robert Hares	Army RC	06:39.4			
2km M40 2km	Danny Graham	Royal Air Force	06:19.0	Martin Ewins	Sub7	06:24.2			
2km LM40 2km	Ben Beeson	CRW Ceredigion	06:48.1	Alex Wineser	Fitness Matters	06:53.0	Paul Lloyd	Fitness Matters	06:28.8
2km M50 2km	Stewart Moss	Royal Navy	06:17.3	Tom Blythe	Royal Navy	06:23.8	David Jones	Fitness Matters	06:57.4
2km LM50 2km	Paul Johnson	Clydesdale ARC	06:54.3	Harry-Siic Säisä	Forum Flyers	07:11.1	Joey Wurtz	MAD Team IRC	06:30.8
2km M60 2km	Johan Denekamp	Sub7	06:59.0	George Perrin	Runcorn RC	07:01.8			
2km LM60 2km	Martin Lunnik	ERV Beatrix	06:50.7	David Jubb	Mapledurham	07:06.7			
2km M70 2km	Ian Boyd	Tyne ARC	07:17.3	Roger Stainforth	Durham ARC	07:28.5			
2km LM70 2km	Denis Bousquet	Other	07:16.1						
2km M Adaptive 2km	(PR3-PD) Mark Perkins	We Are Invictus	06:56.9						
2km M Adaptive 2km	(AR2-LD) Rhys Davies	Aberporth	07:01.9						
2km W 2km	Sally Lancaster	Bodyfix York	07:08.9	Fiona Lapp	Dundee University Boat Club	07:16.7	Catrina Bain	Aberdeen BC	07:17.8
2km LW 2km	Corien Prins	ERV Beatrix	07:39.2	Shelley Ward	Other	07:49.7	Andrea Dixon	Seal PT	07:54.3
2km W Student 2km	Abigail Topp	Robert Gordon University Boat Club	07:15.5	Fiona Lapp	Dundee University Boat Club	07:16.7	Carly Pryce	Cardiff University Rowing Club	07:20.4
2km LW Student 2km	Emma Lister	Glasgow Caledonian University	07:25.9	Molly Roberts	Cardiff University Rowing Club	08:01.2	Molly Laitt	Cardiff University Rowing Club	08:07.0
2km W30 2km	Sally Lancaster	Bodyfix York	07:08.9	Kate Baker	Sub7	07:27.1	Johanna-Luise Karwisch	Akademischer Ruderverein Kiel	07:32.1
2km LW30 2km	Corien Prins	ERV Beatrix	07:39.2						
2km W40 2km	Claire Drew	Royal Navy	07:29.3	Rebecca McKnight		07:39.1			
2km LW40 2km	Rachel Latter	Fishguard and Goodwick Jemima RC	08:07.6						
2km W50 2km	Louise Wymer	Wallingford RC	07:23.1	Joanne Blundell	CLUB D'AVIRON DE MER BARNEVILLE-CARTERET	07:34.2			
2km LW50 2km	Shelley Ward	Other	07:49.7	Andrea Dixon	Seal PT	07:54.3			
2km W90 2km	Valerie Coleman	Fishguard and Goodwick Jemima RC	14:16.1						
2km W Adaptive 2km	(PR3-PD) Ella Holloway	Marlow RC	08:03.0						
2km W Adaptive 2km	(PR2) Caroline Buckle	Help for Heroes	09:21.6						
1km M Student Beg. 1km	Simon Ascher	Glasgow University BC	03:11.1	Kyle Landells	Swansea University RC	03:15.0	Hans Christian Ruhe	Akademischer Ruderverein Kiel	03:22.4
1km M30 1km	Frédéric Loorius	Gravelines Union Sportive Aviron	02:57.2	Richard Craven	CrossFit pri	02:57.6	Chris Bailey	Cardiff University Rowing Club	03:58.7
1km M40 1km	Matthew West	Sub7	02:57.8	Ian Wike	Sub7	02:59.4	Seb Biemas	CAP Marara Tahiti	03:00.4
1km M50 1km	Warren Matthews	Sub7	03:02.8	Steve Turner	MAD Team IRC	03:05.6	Peter Clowes	Royal Air Force	03:09.4
1km M60 1km	Oliver Short	St Pat's TOW and RC	03:19.6						
1km W Student Beg. 1000m	Grace Kinnell	Cardiff University	03:28.3	Clemie Lucas-Roast	Cardiff University RC	03:34.6	Taylor Thomson	Cardiff University RC	03:42.1
1km W30 1km	Sarita Cassar	Ken Lakes	03:35.8	Sabrina Brodnik	Cardiff Aviron Nogentais (CAN)	03:37.5			
1km W40 1km	Caroline Delas Devois	Cercle Nautique de Talloires	03:32.3	Val Craft	Red Line Rowers	03:32.9			
1km W50 1km	Louise Wymer	Wallingford RC	03:29.8	Margaret Greenhall	Sub7	03:42.9			
500m M 500m	Zoltán Bogár	Mercantile RC	01:16.5	Joshua Flood	Stirling Rowing Club	01:18.1	David Rackstraw	CrossFit Glacier	01:18.8
500m LM 500m	William Legge	Army/Team Oarsome	01:23.3	Gregor Hall	Stirling Rowing Club	01:23.5	Justin Nickel	Fitness Matters	01:26.1
500m LM30 500m	Craig Mumby	Army/Team Oarsome	01:26.7	Robert Hares	Army RC	01:29.6			
500m M40 500m	Zoltán Bogár	Sub7	01:16.5	Matthew West	Sub7	01:20.1	James Thomson	Royal Navy	01:20.9
500m LM40 500m	Justin Nickel	Fitness Matters	01:26.1	John Stevenson	Fitness Matters	01:30.1			
500m M50 500m	Joy Wurtz	MAD Team IRC	01:21.0	Andy Webb	Lift row eat grow	01:25.7	Paul Cholmsky		01:26.2
500m LM50 500m	Andy Gannaway	Winchester and District Athletic Club	01:32.1	Paul Johnson	Clydesdale ARC	01:33.1			
500m M60 500m	Johan Denekamp	Sub7	01:28.7	Ken Lake	Lakes Fitness	01:32.5			
500m LM60 500m	Martin Lunnik	ERV Beatrix	01:33.1	David Jubb	Mapledurham	01:35.1			
500m M70 500m	Robin Sterk	ERV Beatrix	01:38.5	Peter Kedward	Diamonds	01:48.8			
500m LM70 500m	William Hosken		01:55.2	Ian Nimmo	Diamonds	02:00.9			
500m W 500m	Arabella Carbutt		01:32.6	Eve Wright	Gloucester-Hartpury RC	01:33.4	Sophie Gallagher		01:35.3
500m LW 500m	Corien Prins	ERV Beatrix	01:45.0	Dénia Amon	RC Hansa Dortmund	01:45.7	Andrea Dixon	Seal PT	01:47.1
500m W30 500m	Sophie Gallagher		01:35.3	Sally Lancaster	Bodyfix York	01:37.1	Sarita Cassar	Ken Lakes	01:39.3
500m LW30 500m	Corien Prins	ERV Beatrix	01:45.0	Katharine Nowakowski	Gravelines Union Sportive Aviron	01:51.7			
500m W40 500m	Arabella Carbutt		01:32.6	Barbara Apro		01:36.9	Val Craft	Red Line Rowers	01:38.6
500m W50 500m	Louise Wymer	Wallingford RC	01:40.4	Joanne Blundell	CLUB D'AVIRON DE MER BARNEVILLE-CARTERET	01:42.5			
500m LW50 500m	Dénia Amon	RC Hansa Dortmund	01:45.7	Andrea Dixon	Seal PT	01:47.1			
500m W60 500m	Mary Mortimer	Putney Town RC	01:52.5	Anne Nimmo	Diamonds	02:01.5			
500m W90 500m	Valerie Coleman	Fishguard and Goodwick Jemima RC	03:15.0						
500m W PR2 500m	(PR2) Caroline Buckle	Help for Heroes	01:57.4						
500m W PR3 500m	(PR3-PD) Ella Holloway	Marlow RC	01:48.1						
Team JM18 Team 4x90s	William P.	Aberdeen Schools Rowing Association	501m	Murray B.	Aberdeen Schools Rowing Association	495m			
Team JM15 Team 4x60s	Maggie S.	Aberdeen Schools Rowing Association	287m	Gabrielle T.	Aberdeen Schools Rowing Association	273m	Holly W.	Habs' Monmouth School for Girls	272m
Team JM16 Team 4x90s	Elna W.	Habs' Monmouth School for Girls	415m						
Team JM18 Team 4x90s	Freya H.	Aberdeen Schools Rowing Association	428m						
Team M Team 4x90s		Back Pain	528m						
Team M Student Team 4x90s		German EU Team Oxford	482m						
Team W Team 4x90s		The Warriors	424m						
Team W Student Team 4x90s		Habs' Monmouth School for Girls	421m						
Team Mix Team 4x90s		ARVengers	460m						
Team Mix 30+ Team 4x90s		Putney Town RC & MAD IRC	486m						
Ski M30 Ski 2km	Jean Philippe Augusto		06:30.1						
Ski M40 Ski 2km	John Langley	Tay RC	07:04.6	Iain Hall		06:32.1	Matthew Rose	Win Fitness	06:40.9
Ski M50 Ski 2km	Warren Matthews	Sub7	06:50.7						
Bike M Bike 4km	Eric Leroux		06:18.0						
Bike M30 Bike 4km	Iain Hall		06:32.1						
Bike M50 Bike 4km	Sébastien Rodriguez	French Indoor Rowers Team	06:28.2						
Bike M60 Bike 4km	Johan Denekamp	Sub7	07:12.0						
Bike W Bike 4km	Grace Kinnell	Cardiff University	06:55.9						
Bike W50 Bike 4km	Dénia Amon	RC Hansa Dortmund	07:31.8						

Scottish Student Sport Indoor Rowing Championships

Event Winners

Event	Distance	Winner	Winner Club	Winning Time
Men's Student	2km	Johnstone-Hey, (SSS) Flynn	Strathclyde University Boat Club	06:03.1
Women's Student	2km	Topp, (SSS) Abigail	Robert Gordon University Boat Club	07:15.5
Men's Student Lwt	2km	Parsonage, Ben	Strathclyde University BC	06:27.9
Women's Student Lwt	2km	(SSS) Emma Lister,	Glasgow Caledonian University	07:55.9
Men's Student Beginner	1km	Ascher, Simon	Glasgow University BC	03:11.1
Women's Student Beginner	1km	Archibald, Vivienne	Heriot Watt University BC	03:46.6

Victor Ludorum Standings							
	Total	M Student	W Student	LM Student	LW Student	M Student Beg.	W Student Beg.
Glasgow University	45	5	7	4	6	14	9
Strathclyde University	34	16		18			
Heriot Watt University	30	1				12	17
Robert Gordon University	18	4	10	4			
Glasgow Caledonian University	10				10		
Dundee University	10		6		4		
Aberdeen University	3		3				
Stirling University	0						

Welsh Virtual Championships Event Winners

1st Club	1st Club	1st Result	2nd Name	2nd Club	2nd Result	3rd Name	3rd Club	3rd Result
JW13 3min	Beri T.	CRIW Ceredigion	794m	Ailsa W.	Habs' Monmouth School for Girls	744m		
JW15 5min	Eleanor E.	Habs' Monmouth School for Girls	1263m	Rose S.	Habs' Monmouth School for Girls	1195m	Tabitha P.	Habs' Monmouth School for Girls 1186m
JW18 2km	Alice G.	Monmouth Comprehensive School BC	08:04.6	Amy T.	Fishguard and Goodwick Jemima RC	08:37.8		
LM 500m	Rhys Davies (AR2-LD)	Aberporth	01:35.4					
LM40 500m	Richard Wilder	Ufit	01:31.7					
LW 500m	Moranda Matthews	Gower Sea Rowing Club	02:05.7					
LW60 500m	Martha Owen	Fishguard and Goodwick Jemima RC	01:58.2					
M 500m	Tom Brain	Mumbles RC	01:29.4	Rhys Parle	Llandaff RC	01:31.0	Bo Hughes	Cardiff University Rowing Club 01:31.5
M40 500m	James Knight	Old Monmothians RC	01:35.4					
M50 500m	Robert Parry		01:36.3					
M70 500m	Peter Kedward		01:48.8					
W 500m	Eve Wright	Gloucester-Hartpury RC	01:33.4	Emma Evans	Welsh Start	01:49.0	Hope Daniells	Bangor University BC 01:51.4
W Adaptive 500m	Gaynor Martin (PR3-PD)	Fishguard and Goodwick Jemima RC	02:08.9					
W30 500m	Jessica Hill	Towy RC	01:44.1	Hayley Morris	Aberporth	01:45.5		
W40 500m	Sarah Foxton	Putney Town RC	01:43.4	Gunhild Myrset Davies	Newport Pems	01:44.5	Bryony Jones	Llanion Warriors RC 01:47.3
W60 500m	Mary Jane Carey	Fishguard and Goodwick Jemima RC	02:19.3					
W90 500m	Valerie Coleman	Fishguard and Goodwick Jemima RC	03:15.0					
M Student Beg. 1km	Kyle Landells	Swansea University RC	03:15.0	Aidan Paterson	Swansea University RC	03:42.9	Aydan Howell	Swansea University RC 03:43.6
W Student Beg. 1000m	Grace Kinnell	Cardiff University	03:28.3	Clemie Lucas-Roast	Cardiff University	03:34.6	Taylor Thomson	Cardiff University 03:42.1
JM16 2km	Dylan G.	CRIW Ceredigion	07:01.5	Matthew H.	Llandaff RC	08:00.9		
LM 2000m	Angus Gould	Cardiff University Rowing Club	06:43.3	Simon Parker	Cardiff University Rowing Club	06:54.6	Jerry Owen	Fishguard and Goodwick Jemima RC 06:56.9
LM Student 2000m	Angus Gould	Cardiff University Rowing Club	06:43.3	Simon Parker	Cardiff University Rowing Club	06:54.6	Benjamin McNally	Swansea University RC 07:08.9
LW 2000m	Molly Roberts	Cardiff University Rowing Club	08:01.2	Molly Laitt	Cardiff University Rowing Club	08:07.0		
LW Student 2000m	Molly Roberts	Cardiff University Rowing Club	08:01.2	Molly Laitt	Cardiff University Rowing Club	08:07.0		
LW40 2000m	Rachel Latter	Fishguard and Goodwick Jemima RC	08:07.6					
LW50 2000m	Shelley Ward		07:49.7	Martha Owen (60-69)	Fishguard and Goodwick Jemima RC	08:40.3		
LW60 2000m	Martha Owen	Fishguard and Goodwick Jemima RC	08:40.3					
M 2000m	Thomas White	Swansea University RC	06:25.7	Jack Turnham	Swansea University RC	06:30.6	Toby Gibbs	Cardiff University Rowing Club 06:39.3
M Adaptive 2000m	Mark Perkins (PR3-PD)	We Are Invictus	06:59.6	Rhys Davies (AR2-LD)	Aberporth	07:01.9		
M Student 2000m	Thomas White	Swansea University RC	06:25.7	Jack Turnham	Swansea University RC	06:30.6	Toby Gibbs	Cardiff University Rowing Club 06:39.3
M30 2000m	William Collingwood-Bell	Newport BC	07:09.5					
M40 2000m	Paul Lloyd	Fitness Matters	06:28.8	Damian McBride		06:47.5	Bryan Bliss	06:49.8
M70 2000m	Peter Kedward		08:13.1					
W 2000m	Carys Pryce	Cardiff University Rowing Club	07:18.5	Sarah Brown	Cardiff University Rowing Club	07:32.9	Jessica Hallett	Cardiff University Rowing Club 07:35.5
W Adaptive 2000m	Gaynor Martin (PR3-PD)	Fishguard and Goodwick Jemima RC	09:44.3					
W Student 2000m	Carys Pryce	Cardiff University Rowing Club	07:18.5	Sarah Brown	Cardiff University Rowing Club	07:32.9	Jessica Hallett	Cardiff University Rowing Club 07:35.5
W30 2000m	Jessica Hill	Towy RC	07:47.9					
W40 2000m	Bryony Jones	Llanion Warriors RC	07:40.9	Julia Heslop	Barry RC	08:18.8		
W50 2000m	Rachel Thomson	Fishguard and Goodwick Jemima RC	09:52.8					
W90 2000m	Valerie Coleman	Fishguard and Goodwick Jemima RC	14:16.1					
JW14 Team 4x60s	Isabella C.,	(W) Cardiff & Vale Schools Rowing Academi	267m	Carys S.,	(W) Habs' Monmouth School for Girls	243m	Eleanor W.,	(W) Habs' Monmouth School for Girls 240m
JW15 Team 4x60s	Holly W.,	(W) Habs' Monmouth School for Girls	272m	Grace B.,	(W) Habs' Monmouth School for Girls	265m	Megan H.,	(W) Habs' Monmouth School for Girls 263m
JW16 Team 4x90s	W., Elina	(W) Habs' Monmouth School for Girls	415m	Madeleine B	(W) Habs' Monmouth School for Girls	395m	Katie G.	(W) Habs' Monmouth School for Girls 386m
JW18 Team 4x90s	Eleanor H.,	(W) Habs' Monmouth School for Girls	404m	Isobel L	(W) Habs' Monmouth School for Girls	400m		
M Student Team 4x90s		(W) Bangor University BC	453m					
M Team 4x90s		(W) Fishguard and Goodwick Jemima RC	496m					
W Student Team 4x90s		Habs' Monmouth School for Girls	421m		(W) Bangor University BC	401m		(W) Swansea University RC 358m
W Team 4x90s		Fishguard and Goodwick Jemima RC	403m					