

Cycle Distances		Mens	Womens	Parents
J13	5km	Will Terry	Neve Pragnell	-
J14	10km	-	-	-
J15	12km	-	Tilly Stoddart	Tony Morrid
J16+	15km	Adam Morris	Mim Stewart	-
Off-Peak	10km	Colin Lawson	-	-
Senior	15km	Will Hamlyn	-	-
Racing Masters	12km	Michael Terry	Julie Kitson	-
	Special Mention	Jude Dudley		
Indoor Bike	J16 women		Catherine Musgrave	
	Mas men	Roger Stainforth		
	J14			Joseph Morrison's DAD
Running Distances		Mens	Womens	Parents
J13	2km	-	Livvy Terry	Laura Scott
J14	4km	Sam Terry	Elise Lambert	-
J15	6km	-	Libby Morris	Andrew Windle
J16+	7.5km	Josh Richardson	Niamh Lang	Tim Lang
Off-Peak	4km	Alex Taylor	-	-
Senior	7.5km	Nick Baird	Becky Chilcott	-
Racing Masters	6km	Chris Merchant	Rachel Terry	-
Ergo Distances		Mens	Womens	Parents
J13	1km @24	-	Louisa Scott	Laura Scott
J14	2km @24	Sam Terry	Elise Lambert	Gary Walker
J15	3km @24	-	Tilly Stoddart	Ian Suggett
J16+	4km @24	Adam Morris	Mim Stewart	-
Off-Peak	2km @24	Matt Pallister	Jane Auster	-
Senior	4km @24	Nick Baird	Becky Chilcott	-
Racing Masters	3km @24	Micheal Terry	Hannah Gravatt	-