

Durham Amateur Rowing Club

(Est. 1860)



Code of conduct for club coaches, officials and volunteers

Good ethical conduct and practice in relation to children and young people requires that all coaches, officials and volunteers must:

- Consider the well-being and safety of athletes before the development of performance.
- Establish supportive, positive environments for the purpose of healthy competition, skill development, fun and achievement.
- Avoid favouritism.
- Treat athletes fairly and avoid discrimination against athletes.
- Ensure language is appropriate and not offensive or discriminatory.
- Set a good example of behaviour and conduct.
- Challenge or report unacceptable behaviour towards other squad members.
- Avoid patronising athletes or belittling them.
- Avoid acting in a way that could be perceived as intimidating or threatening.
- Develop an appropriate working relationship with athletes, based on mutual trust and respect.
- Ensure that all activities are appropriate to the age, ability and experience of the athletes taking part. Promote the positive aspects of rowing and fair play by showing considerate regard for athletes, personnel, parents, spectators and officials; abiding by the rules of racing; and abiding by officials' decisions.
- Display consistently high standards of personal behavior and appearance.
- Where appropriate, hold valid leadership or coaching qualifications and insurance cover.
- Follow all guidelines laid down by the British Rowing including Row Safe and safeguarding Policy and Procedures.
- Ensure all incidents on or off the water are reported and recorded in the appropriate manner.

Code of conduct for parents/carers

The Club expects that as a parent/carer of a junior member you shall:

- Support your child's involvement and help them to enjoy their sport, never forcing them to take part.
- Help your child to recognise good performance, not just results.
- Never punish or belittle your child for losing or making mistakes.
- Encourage fair play and respect for officials' decisions.

- Help support club coaches by acting as spotters when requested.
- Help the club in its fundraising efforts.
- Never leave a child at the clubhouse without first checking that their coach is present and the training session is taking place.
- Keep coaches informed about any special needs, medical conditions or allergies that your child may have.
- Ensure your child is appropriately dressed for the weather and activity, e.g. warm clothes, sun hat, sun protection, cream, drinks etc as appropriate.
- Ensure that you keep the club up to date with any changes in contact details, especially emergency numbers.
- Inform the Coach or the Club Welfare Officer if you have concerns about your child's activities at the club, by email or in person but being respectful of the coaches time and duties to their athletes.
- Support the coach in promoting positive behaviour and relationships.

Code of conduct for junior members

The Club expects that as a junior member you shall:

- Show respect for other club members and participants, opponents, parents, spectators and officials and their decisions.
- Be on time for training and competitions or inform the coach if going to be late.
- Wear suitable kit for training and racing as advised by the coach and always bring a change of clothes.
- Pay any charges for training or events promptly.
- Never smoke or consume alcohol or drugs of any kind on the club premises or when representing the club.
- Help with fundraising activities and club events.
- Always wash club equipment after use.
- Show loyalty to their club and fellow members.
Regularly monitor club notice boards, member's portal, email notifications, social media and take notice of any relevant information.

Members will not bully or intimidate other members, this includes:

- Deliberately excluding members or leaving them out (either in the boat or out).
- Saying unkind and hurtful things.
- Spreading rumours and criticising people to others.
- Using inappropriate or intimidating language or behaviour.
- Using any physical violence.

Code of conduct for all members

The Club expects that as a Member you shall:

- Comply with any rules, advice and guidance given by the club, British Rowing, Club Water Safety Adviser, Regional Water Safety Adviser, competition organisers and coaches to ensure that the risks to yourselves and others are adequately managed.
- Show respect for other club members and participants, opponents, parents, spectators and officials and their decisions.

- Be considerate of other members and treat them with respect at all times.
- Be on time for training and competitions or inform the coach if going to be late.
- Wear suitable kit for training and racing as advised by the coach and always bring a change of clothes.
- Pay any charges for training or events promptly.
- Help with all club fundraising activities.
- Abide by the club rules and the rules of racing.
- Report any collisions, damage to equipment etc to the boat warden or club captain within 24 hours and fill in any incident reports necessary.
- Ensure the clubhouse is left in a safe and secure state when leaving the building.
- Always clear equipment away when finished with, leaving the boathouse and training areas in a clean and safe state.
- Help maintain equipment by cleaning boats, oars and ergos each time after use and replacing missing/damaged parts where necessary. More serious damage to boats etc should be reported to the Boat Warden immediately so that repairs can be carried out as necessary.
- Willingly volunteer to help with marshalling, catering and other duties at all club events, specially when competing.
- Show loyalty to their club and fellow members.
- Attend all relevant meetings which may concern you or your section when called in order that you can be kept up to date with any matters arising.
- Regularly monitor club notice boards, member's portal, email notifications, social media and take notice of any relevant information.

Members will not bully or intimidate other members, this includes:

- Deliberately excluding members or leaving them out.
- Being repeatedly disrespectful to others.
- Spreading rumours and criticising people to others.
- Using inappropriate or intimidating language or behaviour.
- Using any physical violence.

Examples of failure to comply with the Club Code of Conduct (normally regarded as misconduct) include:

- Minor breach of club policies.
- Refusal to follow instructions e.g. from a club or race official.
- Obscene language or other offensive behavior.

Examples of serious breach of the Code of Conduct include:

- Unlawful discrimination or harassment.
- Physical violence or bullying.
- Bringing the club into serious disrepute.
- Causing loss or damage or injury through serious negligence.
- Theft or fraud.
- Serious breach of health and safety rules and misuse of safety equipment.
- Serious breach of confidence.
- Serious breach of club or British Rowing's policies and procedures.
- Use of banned or illegal substances.
- Unauthorised use or disclosure of confidential information.

- Unauthorised use of, access to or hacking of the club websites, email, social media and other computer systems.