



### THREE FREE

### TASTER SESSIONS WITH THREE RIVER SERPENTS

In order to take advantage of your FREE taster training sessions, fill in your details below and join us on the river at Durham.

Name:			
Tel:			

Email:

Join us fortraining Sundays (all year round) 10.00am, Wednesdays (April - October) 6.30pm.

We are based at Durham Amateur Rowing Club, Green Lane, Durham, DH1 3JU.

www.threeriverserpents.co.uk



# THREE RIVER SERPENTS DRAGON BOAT CLUB

Dragon boat racing is one of the fastest growing and most exciting water sports you can take part in. Three River Serpents was one of the first clubs in the country to be formed and is the most northerly crew in the British Dragon Boat Racing Association (BDA) League.

Dragon Boating is a fun and exciting team sport, bringing together people from all ages, backgrounds and professions and is suitable for every level, no experience necessary. The club has even provided the opportunity to travel abroad, with visits including Vancouver, China and South Africa.



### If you're up for the challenge...

Join us for training: Sundays (all year round) 10.00am, Wednesdays (April - October) 6.30pm.

We are based at Durham Amateur Rowing Club, Green Lane, Durham, DH1 3JU.

Contact: Jane Kemp
Tel: 07932628007 email: JaneKemp@Gateshead Gov.Uk

www.threeriverserpents.co.uk





.

## THREE FREE

## TASTER SESSIONS WITH THREE RIVER SERPENTS

In order to take advantage of your FREE taster training sessions, fill in your details below and join us on the river at Durham.

M	•	m		
IV	а	ш	G	

Tel:

Email:

Join us fortraining Sundays (all year round) 10.00am, Wednesdays (April - October) 6.30pm.

We are based at Durham Amateur Rowing Club, Green Lane, Durham, DH1 3JU.

www.threeriverserpents.co.uk



# THREE RIVER SERPENTS DRAGON BOAT CLUB

Dragon boat racing is one of the fastest growing and most exciting water sports you can take part in. Three River Serpents was one of the first clubs in the country to be formed and is the most northerly crew in the British Dragon Boat Racing Association (BDA) League.

Dragon Boating is a fun and exciting team sport, bringing together people from all ages, backgrounds and professions and is suitable for every level, no experience necessary. The club has even provided the opportunity to travel abroad, with visits including Vancouver, China and South Africa.



### If you're up for the challenge...

Join us for training: Sundays (all year round) 10.00am, Wednesdays (April - October) 6.30pm.

We are based at Durham Amateur Rowing Club, Green Lane, Durham, DH1 3JU.

Contact: Jane Kemp Tel: 07932628007 email: JaneKemp@Gateshead Gov.Uk

www.threeriverserpents.co.uk





About Us

DARC Website