

# **Durham Amateur Rowing Club**

( Est. 1860)



## **Code of conduct for club coaches, officials and volunteers**

Good ethical conduct and practice in relation to children and young people requires that all coaches, officials and volunteers must:

- Consider the well-being and safety of athletes before the development of performance.
- Establish supportive, positive environments for the purpose of healthy competition, skill development, fun and achievement.
- Develop an appropriate working relationship with athletes, based on mutual trust and respect.
- Ensure that all activities are appropriate to the age, ability and experience of the athletes taking part.
- Promote the positive aspects of rowing and fair play by showing considerate regard for athletes, personnel, parents, spectators and officials; abiding by the rules of racing; and abiding by officials' decisions.
- Display consistently high standards of personal behavior and appearance.
- Where appropriate, hold valid leadership or coaching qualifications and insurance cover.
- Follow all guidelines laid down by the Amateur Rowing Association including the Water Safety Code and the Child Protection Policy and Procedures.
- Ensure all incidents on or off the water are reported and recorded in the appropriate manner.

## **Code of conduct for parents/carers**

**The Club expects that as a parent/carer of a junior member you shall:**

- Support your child's involvement and help them to enjoy their sport, never forcing them to take part.
- Help your child to recognise good performance, not just results.
- Never punish or belittle your child for losing or making mistakes.
- Encourage fair play and respect for officials' decisions.
- Help support club coaches by acting as spotters when requested
- Help the club in its fundraising efforts
- Never leave a child at the clubhouse without first checking that their coach is present and the training session is taking place

## **Code of conduct for junior members**

### **The Club expects that as a junior member you shall:**

- Show respect for other club members and participants, opponents, parents, spectators and officials and their decisions.
- Be on time for training and competitions or inform the coach if going to be late.
- Wear suitable kit for training and racing as advised by the coach and always bring a change of clothes.
- Pay any charges for training or events promptly.
- Never smoke or consume alcohol or drugs of any kind on the club premises or whilst representing the club.
- Help with fundraising activities and club events
- Always wash club equipment after use.
- Show loyalty to their club and fellow members.

## **Code of conduct for full members**

### **The Club expects that as a Full Member you shall:**

- Follow safe practice at all times and adhere to the rules of the river and ARA Water Safety Code when training on the water.
- Show respect for other club members and participants, opponents, parents, spectators and officials and their decisions.
- Be on time for training and competitions or inform the coach if going to be late.
- Wear suitable kit for training and racing as advised by the coach and always bring a change of clothes.
- Pay any charges for training or events promptly.
- Help with all club fundraising activities.
- Abide by the club rules and the rules of racing
- Report any collisions, damage to equipment etc to the club captain within 24 hours and fill in any incident reports necessary
- Ensure the clubhouse is left in a safe and secure state when leaving the building.
- Always clear equipment away when finished with, leaving the boathouse and training areas in a clean and safe state
- Help maintain equipment by cleaning boats, oars and ergos each time after use and replacing missing/damaged parts where necessary. More serious damage to boats etc should be reported to the Club Captain immediately so that repairs can be carried out as necessary
- Willingly volunteer to help with marshalling and other duties at all club events.
- Show loyalty to their club and fellow members.
- Attend all relevant meetings which may concern you or your section when called in order that you can be kept up to date with any matters arising.