



DURHAM AMATEUR ROWING CLUB



City Boathouse, Green Lane, Durham, DH1 3JU

Tel: 0191 3866431 Website: www.durham-arc.org.uk

Allcomers Regatta Application Form 2015

(Please use BLOCK CAPITALS)

Crew Name..... Organisation

Full Name of Applicant.....

Full

Address.....

..... Post

Code.....

Tel. No.....

Emergency Contact – Name..... Tel

No.....

(Must be Parent / Guardian Contact for Under 18s)

Declaration of Personal Health / Swimming Proficiency

Applicants WILL NOT be accepted without this declaration being signed by the applicant (or Parent / Guardian if under 18 years if age).

‘I have completed the Personal Health / Swimming Proficiency overleaf and declare that I meet the swimming requirement and have no need to seek medical approval to row / have been passed medically fit to row*’ (*delete as appropriate).

Applicant’s Signature..... Parent / Guardian

Signature.....

Parents and Guardians (if applicant is under 18)

By signing this form, I agree to my son/daughter/child taking part in this event.

I understand that in the event of any injury or illness all responsible steps will be taken to contact me, and to deal with that injury/illness appropriately.

Print Name.....Signature.....Date.....

P.T.O.

Personal Health / Swimming Proficiency Form

Please answer the following questions: -

Delete as Appropriate

- | | |
|---|----------|
| 1) Are you able to swim 100m in light clothing and shoes? | Yes / No |
| 2) Have you been diagnosed with heart condition or high blood pressure? | Yes / No |
| 3) Do you have Asthma / Epilepsy / Diabetes? | Yes / No |
| 4) Do you ever have chest pains or feel faint or dizzy? | Yes / No |
| 5) Have you had any operations / injuries that may limit your ability to row? | Yes / No |
| 6) Are you currently on medication? | Yes / No |
| 7) Are there any other factors / conditions that might limit your ability to row? | Yes / No |

If you have answered Yes to question 2-7 above we advise you to contact your doctor and seek medical approval before beginning to row.

Rowing and the training associated with it can be strenuous and any activity on water can be potentially dangerous. Whilst the above conditions do not necessarily affect training applicants have a **duty** to the club to **declare any conditions** that might put themselves or others at **risk**.

Sponsorship and Prize Money

The applicant hereby agrees that any remuneration from sponsorship or commercial activity related to rowing is the property of Durham Amateur Rowing Club.

Data Protection Act

Details given on this form may be stored on computer for internal club administration only. Details will be available only to those on the executive committee and will not be disclosed to any outside organisations. Any health related information might be passed on to coaches if it is considered relevant.

Child Protection

All members of the club must accept the policies and procedures relating to Safeguarding as set out by British Rowing and accept them as a condition of entry. The British Rowing policy on safeguarding is available in the clubhouse.

Photography

For purposes of publicity, photography may be used at this event which may include TV coverage. By entering the event you are consenting to images taken to be used by the club for publicity purposes. Individual names of competitors will not be used unless direct permission has been sought from the individual.

Insurance

Every member of the crew is required to complete one of these application forms for insurance purposes. By completing this form you will receive temporary membership of Durham ARC for the duration of the event including practice sessions. This insurance provides cover for Durham ARC equipment and third party cover. It does not provide any personal accident cover for applicants or cover wilful acts of negligence on the part of applicants.